

# Millet-Rice Breakfast

Makes 5 cups

2 c. cooked long-grain brown rice\*  
2 c. cooked millet\*  
1½ c. coconut milk  
1½ c. soy milk  
⅔ c. raisins  
¼ c. maple syrup  
1½ t. vanilla  
½ t. salt

**COMBINE** in casserole dish.  
**MIX** well.  
**BAKE** at 350° for approximately an hour or until liquid is absorbed.  
**SERVE** hot.

\*these were cooked with ¼ tsp. of salt for every dry cup of grain.

The millet-water ratio was 1:3  
The rice-water ratio was 1:1¼